

In total, it took Pizzi 27 hours and 26 minutes to run the entire seven-continent course. Her average time was 3 hours and 55 minutes per marathon. This was **28** a substantial improvement over the time of the 2015 women's winner, Marianna Zaikova, who averaged 5 hours and 46 minutes per race. The year 2015 marked the first WMC, making Zaikova—the sole female participant—the first woman to conquer the course.

The WMC was founded **29** on Richard Donovan, who also organizes the annual event. Among other tasks, Donovan helps the runners with transportation and lodging, tallies race results, and manages the WMC's social media accounts. Being the organizer is the perfect role for Donovan, as he is the first person to finish a seven-continent marathon challenge. In 2009, including the time he spent traveling to continents and running, **30** the marathon challenge was completed by Donovan in just over 130 hours (or five days, 10 hours, and 8 minutes). He tried again in 2012, improving his time to just over 118 hours (or four days, 22 hours, and 3 minutes). Pizzi's results show that a person can run around the world in seven days; Donovan's results prove, even more astonishingly, that it can be done in less than five.

28

- A) NO CHANGE
- B) a generous
- C) an essential
- D) a sturdy

29

- A) NO CHANGE
- B) with
- C) by
- D) around

30

- A) NO CHANGE
- B) Donovan completed the marathon challenge in
- C) completing the marathon challenge for Donovan occurred at
- D) the time Donovan spent completing the marathon challenge was